

Week Four	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverages	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water	Fresh Fruit Juices Tea Cold Milk Water
Hot Foods	Bacon Fried Eggs Spaghetti Hoops Porridge	Bacon Rolls Continental Breakfast Porridge	Sausages Scrambled Eggs Baked Beans Porridge	Bacon Baps Continental Breakfast Porridge	Poached Eggs Hash Browns Bacon Porridge	Bacon Baps Continental Breakfast Porridge	Full English Breakfast Porridge
Cold Foods	Cereals Yoghurts Fresh Fruits Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Cold Meats Various Cheeses Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Cold Meats Various Cheeses Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Cold Meats Various Cheeses Toast & Selection of Spreads	Cereals Yoghurts Fresh Fruits Toast & Selection of Spreads